



Asian Institute of Gastroenterology

## Inflammatory Bowel Disease Summit 2016



Optimizing Management of  
Inflammatory Bowel Disease



**22<sup>nd</sup> - 24<sup>th</sup> April 2016**  
Taj Krishna, Hyderabad.

LIVE  
IBD ENDOSCOPY  
WORKSHOP

Five CME credit hours by Telangana State Medical Council

*Dear Colleague,*

At Asian Institute of Gastroenterology (AIG) we believe in providing the best healthcare and continuous training platform to upgrade the skills of the doctors on the various facets of the management of diseases pertaining to this specialty.

'Inflammatory Bowel Disease Summit 2016 - Optimizing Management of Inflammatory Bowel Diseases' is one such program specifically designed for gastroenterologists, gastrointestinal surgeons and clinical researchers with an interest in the diagnosis and treatment of patients with IBD.



**D Nageshwar Reddy**  
Chairman, AIG

The program will provide a platform to interact with international experts which will help the participants with useful insights in their day to day clinical practice. The program will encompass several topics such as Diagnostic and Therapeutic Endoscopy, Novel Imaging EMR, ESD, Stem Cell Therapy, Fecal Transplantation, Stoma Care / Seton Placement, Biosimilars in IBD, Optimising diagnosis and Conventional therapy.

The care of patients with Inflammatory Bowel Disease (IBD) is continuously evolving. There are a number of medications, guidelines and approaches to the treatment. IBD patients are looking to obtain evidence-based, state-of-the-art care. They are seeking novel alternatives to steroids and antibiotics, proactive education to anticipate flare management, and timely treatment should a flare arise. As this is often their only medical problem, they expect health maintenance to be addressed by their sole doctor, the gastroenterologist.

At the completion of this activity, the participant will have accurate information to communicate risks and benefits, have clinical algorithms to proactively manage the disease, practical advice to navigate complex topics, and important perspectives from surgery.

They will also demonstrate increased knowledge regarding:

- Challenges in diagnosis of IBD
- Appropriate use of Capsule endoscopy, chromoendoscopy, and other novel imaging
- Feel more confident in their ability to differentiate between Crohn's disease and Tuberculosis
- Accurately diagnose and treat a wide variety of manifestations of IBD and its complications

We look forward to seeing you at the conference.



PROGRAMME

Friday, 22<sup>nd</sup> April 2016

DAY 1

09 30 - 09 45

Welcome address and Inauguration

SESSION I

**Optimizing Knowledge of IBD: Basics and Beyond**

09 45 - 10 15

- Immunology of Gut
- The Healthy Gut Microbiome

10 15 - 10 45

**State of art lecture:**  
IBD Research of the last decade: Relevance to clinical practice

10 45 - 11 00

**TEA BREAK**

11 00 - 12 20

- What causes IBD?**
- Do genes matter?
  - Aberrant Immune response?
  - Is the microbiome the culprit?
  - Do Environment, Diet or Lifestyles have an impact?

12 20 - 12 45

- Mechanism of action of anti TNF in IBD: Newer insights

**Biosimilars in IBD (Lunch Symposium)**

12 45 - 13 45

**LUNCH**

13 45 - 14 00

The Science of Biosimilars

14 00 - 15 00

**State-of-the-art Lectures:**  
I. Positioning Biosimilars in current clinical practice: When & Where?  
II. Adalumimab in IBD: First line or switch only?  
**Panel discussion** - Next generation therapy for IBD: What to expect in India & The way forward

15 15 - 15 30

**TEA BREAK**

SESSION II

**IBD: Live Endoscopy Workshop**

15 30 - 17 30

- Diagnostic and Therapeutic Endoscopy in IBD
- Novel Imaging, EMR, ESD
- Stem Cell Therapy
- Fecal Transplantation
- Stoma Care / Seton Placement

18 00

- Dinner Talk**
- Why I became an IBD specialist?
  - Launch of the AIG-IBD Care Mobile Application  
Awareness & Information for doctors & patients

## SESSION III

**Optimising the Diagnosis of IBD**

- 08 30 - 09 00      Setting the Scene: Introductory Quiz
- 09 00 - 09 30      **Case study**
- First presentation of IBD: Reducing the time to diagnosis
- 09 30 - 10 15      • Small bowel imaging in suspected CD: Is it mandatory?  
Does ultrasound really help in practice?
- Faecal calprotectin in diagnosis & management of IBD: Current consensus
  - Small terminal ileal ulcers in 'IBS' - Is it Crohn's and what to do?
- 10 15 - 10 45      **Panel discussion**
- Ileocecal ulceration:  
TB or not TB, that is the question. Do we have an answer?
- 10 45 - 11 00      **TEA BREAK**

## SESSION IV

**Optimising Conventional Therapy**

- 11 00 - 11 15      Setting the scene: Quiz on Treatment Strategy
- 11 15 - 11 45      • Mesalazine: How much, when and how long?  
• Topical therapy for Ulcerative colitis: All you want to know
- 11 45 - 12 15      **Case study:** Timing of steroid use & withdrawal in mild to moderate UC
- 12 15 - 13 00      • Azathioprine or methotrexate: When and Why?  
• Budesonide or Prednisolone: When and Why?  
• Common errors in the management of IBD: Why does standard therapy fail?
- 13 00 - 13 30      **AIG Oration:** Are we close to a cure for IBD?
- 13 30 - 14 15      **Emerging biologics in the emerging world (Lunch Symposium)**  
**LUNCH**
- 14 15 - 15 00      **State-of-the-art Lectures**
- New drugs in the treatment of IBD: Bench to Bedside
  - Vedolizumab: Role in IBD management today? Focus on Asia



PROGRAMME

Saturday, 23<sup>rd</sup> April 2016

DAY 2

SESSION V

**Optimising Biological Therapy**

- |               |  |
|---------------|--|
| 15 00 - 15 30 | <ul style="list-style-type: none"><li>• When should we start biologics in CD &amp; UC?</li><li>• Intermittent dosing of biologics: A reality: How do you minimise the risks?</li></ul> |
| 15 30 - 16 00 | <b>State-of-the-art Lecture</b> <ul style="list-style-type: none"><li>• Prevention and Management of Complications of Biologics &amp; Immunosuppressants</li></ul>                     |
| 16 00 - 16 15 | Can Biosimilars replace Biologics?   |
| 16 15 - 16 35 | <b>TEA BREAK</b>   |
| 16 35 - 17 00 | <b>State of the art lecture</b> <ul style="list-style-type: none"><li>• Endoscopic molecular imaging for drug response in CD</li></ul>   |
| 17 00 - 17 45 | <b>Case discussion</b> <ul style="list-style-type: none"><li>• Steroid-dependent UC: Biologic or Colectomy. Where is the balance?</li></ul>  |
| 17 45 - 18 00 | <ul style="list-style-type: none"><li>• Best paper awards</li></ul>  |

SESSION VI

**Optimising IBD Care: The patient perspective**

- |                  |   |
|------------------|---|
| 18 00 - 18 30    | <ul style="list-style-type: none"><li>• Let us hear their voice...</li><li>• Coping with a chronic debilitating disease</li></ul> |
| 19 00 pm onwards | <b>BANQUET DINNER</b>   |

## SESSION VII

**Optimizing the Management Of Complications**

08 30 - 09 30

- Cancer screening & surveillance in IBD
- Case study: Treatment of IBD in patient with Hepatitis B & C
- C. Difficile & CMV in IBD: When to suspect and when to treat?
- Faecal Transplantation in IBD: Beyond C Difficile

09 30 - 10 00

**Case discussion**

- Perianal fistulising CD: Approach & management

10 00 - 10 20

**State-of-the-art Lecture**

- Personalized management of IBD: Where to start and what to do?

10 20 - 10 40

**TEA BREAK**

## SESSION VIII

**Optimising Endoscopic Management & Surgery**

10 40 - 11 10

- Is capsule Endoscopy over diagnosing IBD?
- Challenges in Enteroscopy in IBD

11 10 - 11 50

Debate: This house believes that early resection of ileocaecal disease is better than medical therapy

11 50 - 12 20

- Best practice : Postoperative Management of CD
- Best practice : How to manage pouchitis in CD?

## SESSION IX

**Optimising Multidisciplinary Care**

12 20 - 13 30

- Pregnancy and Delivery in IBD
- Paediatric IBD : How is it different?
- Skin & Articular manifestations of IBD
- Dietary Triggers of IBD: Myth or reality?
- Managing the Thrombotic events in IBD

**Closing Remarks & Adjourn**



PROGRAMME

Sunday, 24<sup>th</sup> April 2016

DAY 3

INVITED SESSION

**IBD in Asia : Opinion Leaders Forum**

14 30 - 14 45

- Setting up IBD Comprehensive Care Unit: The Ingredients?
- The ECCO model of Education & Research: How to begin here?
- Epidemiological Studies in IBD: Basic Do's and Don'ts
- Corporate Social responsibility: The industry perspective

**Panel discussion**

Doctor, Patient & Industry Partnership

15 45 - 17 00

**IBD in the East: Open House Discussion**

Views from Afghanistan, Bangladesh, Myanmar, Singapore, Malaysia, Sri Lanka, Nepal & India

- Rising incidence
- Challenges in management
- Can we reduce cost

**CONFERENCE HIGHLIGHTS**

- Best practices in day-to-day management
- Recent advances in the understanding of the pathogenesis of IBD and the implications in clinical practice
- Optimizing treatment to the Indian scenario
- Challenging cases in IBD
- Live IBD Endoscopy Workshop
- Common errors in the treatment of IBD
- State-of-the-art Lectures from international and national experts
- Interactive case presentations and discussions
- New advances in the management and future directions in IBD care
- Tailored for Gastroenterologists, Physicians, Colorectal Surgeons and Post Graduates
- Five CME credit hours by Telangana Medical Council

# International Faculty



**Michael Kamm**  
Australia



**Simon Travis**  
UK



**Ailsa Hart**  
London



**Siew C Ng**  
Hong Kong



**Silvio Danese**  
Italy



**Raja Atreya**  
Germany



**Rupert Leong**  
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**Ooi Choon Jin**  
Singapore



**Susan Hutfless**  
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## SUPPORTED BY



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